PUERTO RICO ARCHERY LEAGUE BY LAWS

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PUERTO RICO ARCHERY LEAGUE, CORP. BY LAWS

ARTICLE I -- NAME

The name of this organization shall be the Puerto Rico Archery League, Corp.

ARTICLE II -- PURPOSE

- 1. The purpose of the Puerto Rico Archery League, Corp. henceforth referred to as the PRAL, shall be to promote and foster Field Archery, Target Archery, and the other varied activities in which archery can be incorporated.
- 2. The mission of the PRAL is enriching lives through archery, from which we can develop interest and abilities at all age levels to include international sports superiority in archery programs and athlete performance.
- 3. The objectives of the PRAL shall be to encourage membership; adopt and enforce rules for the practice of archery; sanction indoor and outdoor competitions and/or tournaments, including an annual indoor and outdoor state championship.

ARTICLE III – LEGAL BASE

This by-law is issued in accordance with Law No. 8-2004, also known as the Organic Law of the Puerto Rico Department of Recreation and Sports (DRD, Spanish acronym), as amended, in the Article 16 - Public Registry of Sports and Recreational Entities and Accreditation (3 L.P.R.A. § 444 l). The Department shall establish the Public Registry of Sports and Recreational Entities, with its advertisement being effective through designated means.

Aligned with the DRD's commitment under Law No. 8-2004, as amendment, and in recognition of the imperative to ensure the safety and inclusivity of our sports facilities, Puerto Rico Archery League, Corp. hereby adopts these regulations. Our aim is to promote and structure our organization to prioritize the safety and well-being of all participants, valuing diversity as an essential aspect of our mission. Acknowledging the diverse capacities, physiological, anatomical, and psychological characteristics of our participants, these regulations are designed to foster a safe environment conducive to sports practice, ensuring the utmost well-being of all involved.

The legal provisions, as mandated by Law No. 8-2004, as amendment, extend to but are not restricted to coaches, players, parents, coaching staff, directors, promoters, and any individual directly or indirectly associated with the Puerto Rico Archery League, Corp.

ARTICLE IV -- FISCAL YEAR

1. The fiscal year of the PRAL shall be from 1st January through 31 December.

ARTICLE V -- MEMBERSHIP

- 1. Active voting membership shall be granted to any State resident who has paid NFAA/PRAL dues. Membership shall be granted to a non-resident who has paid NFAA/PRAL dues and does not have membership in another PRAL state organization. Resident Puerto Rico membership is allowed for citizens of neighboring states where the individual will only represent Puerto Rico as his/her resident shooting affiliation.
- 2. Junior membership shall be granted to any State resident who has not reached his/her eighteenth (18th) birthday and has paid NFAA/PRAL. Junior members may not vote.
- 3. An out-of-state NFAA archer shall be granted out-of-state membership upon payment of dues and shall receive a copy of the Release.
- 4. Membership in PRAL may be canceled or reinstated by the Board of Directors through a majority vote when circumstances warrant such action. This action shall not be taken by mail ballot.
- 5. One Honorary Life Membership in the PRAL may be presented each year. The Board of Directors shall make and forward such nominations to PRAL Officers by the first of January. The Board of Directors shall vote on all such nominations at the meeting prior to the State Field Championship. The person recommending will present a resume of the person recommended.
- 6. Requests for Club Charters will be submitted to the PRAL Secretary. At least five head-of-household adult members of each club must be NFAA/PRAL members. The President and Secretary of each club must be NFAA/PRAL members. Requests for charter must include the names of the required PRAL/NPRA members and the Club President and Secretary name, address, and phone number. All initial Club Charters must be processed through the Regional Vice President prior to being processed by the PRAL Secretary.
- 7. Clubs applying for Charter will be required to follow the Constitution and By Laws of the PRAL, and NFAA. Violation of the rules could result in loss of Club Charter.

ARTICLE VI -- DUES

- 1. PRAL requires National Membership for active membership and adds those dues in billing.
 - Active member dues, not including NFAA dues, shall be \$15.
 - Dependent FAA dues shall be \$10 for the 1st Family Member, and \$5 for the 2nd, 3rd and 4th Family Member.
 - Maximum PRAL Family Dues shall be \$25.
 - Youth (under age 18) FAA dues without adult shall be \$15.
 - Out of State FAA dues shall be \$15.
 - PRAL Club initial Charter/Affiliation shall be \$40. Renewal affiliation shall be \$40.
 - Life Membership in PRAL may be purchased at a cost of \$225 per archer. Spouse life membership may be purchased for \$60.
 - Senior Life Membership in PRAL may be purchased at a cost of \$200 per archer. Spouse life membership may be purchased for \$60.
- 2. PRAL membership dues shall provide twelve (12) months consecutive membership from the date of initial payment. Renewal shall be due and payable from the date of expiration. Any member renewing later in the month or in the next calendar month will pay from the expiration date. (Example: December renewals received later in December or in January will be renewed effective the December renewal due date.) Renewals received before the due date will give a full year's extension from the due date. When dues are received later than the calendar month following the expiration date, a new expiration date will be assigned one year from the date paid.
- 3. A family consists of head of household, spouse, and dependent children aged 17 and under.
- 4. Membership/Handicap Cards will be issued to members of NFA by the National office.
- 5. PRAL will provide a web link to the PRAL and the PRAL rule books upon receipt of affiliation fees.

ARTICLE VII – NFA AFFILIATION AND SUPPORT

- 1. The PRAL has been recognized by the NFA as the official PRAL Chartered State Archery League for the Commonwealth of Puerto Rico. This agreement is subject to annual renewal. The PRAL Secretary will renew annual fees when due.
- 2. The PRAL Secretary will coordinate PRAL memberships with NFA as prescribed in Article V, Paragraph 1.

3. The PRAL will host one Indoor State Championship and one Outdoor State Target and/or Field Championship tournament per year using official PRAL rules, rounds and targets. These tournaments require PRAL membership.

ARTICLE VIII -- BOARD OF DIRECTORS

- 1. There shall be a Board of Directors consisting of the following resident PRAL members:
 - a. President
 - b. Vice President
 - c. Secretary
 - d. Treasurer
 - e. Athlete Representatives
- 2. The Board of Directors shall control and manage the activities, policies, and property of the PRAL. No officer shall change, rearrange, or otherwise circumvent any rule written in the rules of the Puerto Rico Archery League without due process.
- 3. The Board of Directors shall meet at least three times a year. Meetings will be held at PRAL headquarters and/or virtually and spaced through the year and selected by the Board at the State Scheduling Meeting. If necessary, because of urgent business, further meetings may be called by the PRAL Officers. Upon receipt of a request signed by three board members, the President shall call a board meeting within 15 days. The PRAL President shall provide the proposed agenda to the Board Members.
- 4. All members of the PRAL Board of Directors shall be voting members of the Board. No individual voting member shall have more than one vote in the event a member holds more than one position on the board. Three voting members must be present for a motion to be voted on.
- 5. The PRAL President may be recalled by a two 2/3-majority vote of the Board of Directors at any regular called meeting. The Board shall notify the officer of his dismissal.
- 6. As required by the Puerto Rico Law No. 8-2004, as amendment, the Board of Directors must:
 - a. Ensure that every parent, guardian, or legal custodian of a minor participates in a minimum of two (2) contact hours per year of talks or workshops covering topics related to sports, such as Violence in Sports, Sexual Abuse, Institutional Abuse,

Training Overload, Sports Psychology, and Emotion Management, among others. Additionally, provide evidence of the steps taken for this purpose, under the risk of suspension, fines, or accreditation revocation. These talks or workshops must be organized by the Sports Organization in collaboration with authorized entities, and accreditation to the Department if required.

- b. Establish disciplinary committees and engage parents in activities for the optimal functioning of the organization.
- c. Register with the Puerto Rican Institute for the Development of Sports and Recreation (IPDDER, Spanish acronym) and complete courses in Sports Administration.
- d. Complete courses and workshops on institutional abuse, training overload, and sports psychology.
- e. Prohibit children and young people from playing after 9:00 p.m. from Sunday to Thursday, and after 10:00 p.m. on Fridays and Saturdays, under any circumstances.
- f. Submit injury reports promptly to the IPDDER, along with evidence of the insurance policy issued by the insurance company.
- g. Implement regulations for effective management, covering planning, execution, organization, evaluation, and direction of the League and teams in accordance with these Regulations.
- h. Maintain the sport facilities as a safe environment.
- i. Ensure the Rights of Boys, Girls, and Young Athletes as per Law No. 28-2019 and Article VI of these Regulations. The League president shall ensure that sport facilities prominently display a copy of the law, as well as the Charter of Rights of Boys, Girls, and Young Athletes.
- j. Establish and maintain a Conflict Management Committee and designate a delegate for the protection of boys, girls, and young athletes from mistreatment and sexual abuse in compliance with the Guidelines for Prevention and Intervention in situations of Violence and Harassment in Sports Contexts for Sports Clubs and Entities published by the IPDDER on the Department's website.
- k. Exemplify ethical conduct in all sports activities.

7. Vacated offices:

a. If the office of President becomes vacant before the expiration of the normal term, the Vice President will become President and the Secretary will notify all members of the Board within five days.

- b. If the position of Vice President becomes vacant, the President of the PRAL will direct the Secretary of the PRAL to notify the membership for the election of a new Vice President. The election must be held within a maximum period of sixty days.
- c. If the position of Secretary, Treasurer, Member, Director or Representative of the Athletes becomes vacant, the President, with the endorsement of the majority of the Board of Directors, will select a person to occupy said position for the remainder of the term for which he or she was elected.

ARTICLE IX -- OFFICERS AND THEIR DUTIES

1. The officers of the PRAL shall consist of a President, a Vice President, a Secretary, a Treasurer and Athlete Representatives.

2. The PRESIDENT:

- a. Shall preside at all meetings of the PRAL Board of Directors and attend all PRAL State Championship Tournaments.
- b. Shall appoint all committees.
- c. Shall represent the PRAL at all NFAA meetings: Sectional and National.
- d. Shall rule on all rules governing NFAA shooting in the state.
- e. May conduct phone and / or online votes between meetings.
- f. May (without prior Board approval) authorize expenditure not to exceed \$100. This shall not occur more than one time in a period that runs between regularly scheduled board meetings. At the scheduled board meeting immediately following the period in which the expenditure was made, the President will notify the Board of such authorization and the nature of the expenditure.
- g. All correspondence, other than routine or that previously approved by the Board of Directors, pertaining to the PRAL, will be sent out of the Secretary's office with the President's signature and with the return address depending on the nature of the contents.

3. The VICE PRESIDENT:

a. Shall preside over meetings and conduct PRAL business in the absence of the President.

- b. In the event the President must vacate that position prior to fulfilling the term, the Executive Vice President shall become President for the remainder of the term.
- c. Shall send the President any items desires to present to the Board of Directors Meeting prior to the next meeting date.

4. The SECRETARY:

- a. Shall keep accurate minutes of all Board of Directors' meetings: Special awards actions shall not be published prior to presentation of awards but shall be simply maintained in the Secretary's file.
- b. Shall prepare correspondence for the PRAL president's signature.
- c. Shall be responsible for updating the PRAL Rulebook, as approved by the Board of Directors; and providing each new board member with a copy.
- d. Shall provide ballots and validate ballot counts with the assistance of the Secretary/Treasurer.
- e. Shall receive and log ballots for PRAL elections.
- f. Shall provide the Treasurer with a current Master PRAL Rulebook, with maps, for reproduction for sales.
- g. Shall assist the Treasurer with sales at Championships.
- h. Shall back-up files in an on cloud as needed.
- i. Shall send the President any items the Recording Secretary desires to present to the Board of Directors Meeting 3 days prior to the next meeting date.
- j. In the event of resignation, termination, or death; PRAL property in possession or control of the Secretary shall be surrendered to the President, Secretary/Treasurer, or a Vice President of PRAL within 30 days. Within 30 days after receipt of this property, PRAL shall pay to the Secretary any remuneration owed him/her.
- k. Make new item recommendations and/or review the PRAL Director's planned agenda items for the Annual PRAL Directors' Meeting. Submissions should be provided to the Board of Directors by the PRAL Field Championship meeting.

5. The TREASURER:

- a. Shall be bonded and shall be appointed by the Board of Directors. This appointment shall be permanent. The Board of Directors reserves the right, by a majority vote, to replace the Secretary/Treasurer at their discretion.
- b. Shall receive and pay out all monies.
- c. Shall maintain PRAL bank accounts.
- d. Shall maintain financial and membership databases.
- e. Shall bill Release advertisers.
- f. Shall bill outstanding receivables as needed.
- g. Shall provide annual financial reports at least quarterly and as requested by the PRAL Board and/or the PRAL President.
- h. Shall process PRAL memberships. He/she shall send a copy of the Release and a letter from the PRAL President to new members.
- i. Shall process PRAL's annual corporate report.
- j. Shall process the PRAL Compliance Affidavit for the PRAL State Charter renewal.
- k. Shall maintain the PRAL membership records.
- 1. Shall email out delinquent notices.
- m. Shall process address corrections.
- n. Shall register State Tournaments and Sectional Tournaments where the host club desires to utilize PRAL assets.
- o. Shall fill out championship score strips and initially set up the PRAL scoreboards.
- p. Shall purchase championship awards.
- q. Shall see to it that host clubs receive target faces in a timely manner.
- r. Shall maintain championship tournament supplies.
- s. Shall process sales.
- t. Shall keep a stock of sales items for sale at PRAL events and by mail.

- u. Shall send the President any items the Secretary desires to present to the Board of Directors Meeting 21 days prior to the next meeting date.
- v. Shall back up the computer files as needed.
- w. In the event of resignation, termination, or death, PRAL property in possession or control of the Secretary/Treasurer shall be surrendered to the President, Recording Secretary, or a Vice President of PRAL within 30 days. Within 30 days after receipt of this property, PRAL shall pay to the Secretary/Treasurer any remuneration owed him/her.
- x. Make new item recommendations and/or review the PRAL Director's planned agenda items for the Annual PRAL Directors' Meeting. Submissions should be provided to the Board of Directors by the PRAL Field Championship meeting.

6. ATHLETE REPRESENTATIVE

- a. The athlete representative shall be elected by a majority vote of adult member athletes of the PRAL.
- b. The athlete representative shall serve as the official liaison between the athletes and the PRAL.
- c. The athlete representative shall advocate for the best interests of the athletes.

ARTICLE X -- ELECTIONS AND TERMS OF OFFICE

1. Terms:

- a. The offices of President, Vice President, Secretary, Treasurer and Athlete Representative shall be elected for a term of two years.
- b. The election will be held the last Saturday of the month of January.

2. Nominations:

- a. The PRAL Board of Directors shall be the nominating committee for the PRAL Elected Officials.
- b. In December, an email notice will be circulated listing all positions open for election. Individuals interested in applying for a position must submit their names, curriculum vitae, Certificate of Good Conduct, issued by the Puerto Rico Department of Public Safety, and work plan to the Secretary of the PRAL.

- c. The Nominations Committee will assess the candidates and inform the applicants of their decision.
- 3. Officers shall take office effective 15 workdays after the election date.
- 4. Any officer of the PRAL may be reelected to his office.

ARTICLE XI -- CODE OF ETHICS

- 1. Each archer shall be responsible for any and all of his acts at any archery tournament or activity sponsored in whole or in part by the PRAL. This responsibility shall apply especially to the results of any accidents caused by his/her bow and/or arrows.
- 2. When a member pays his registration fee to a tournament, he automatically agrees to abide by the rules of that tournament.
- 3. A member shall not argue with any Tournament.
- 4. A member may question a Field Captain, Tournament Official, or any official civilly, but he must accept the reply with no argument or retaliatory remarks. If he is dissatisfied with the decision, he may file a formal letter of protest directly to the State Board. The decision rendered by the PRAL Board shall be final.
- 5. The use of profane language or obscene gestures at any archery activity, be it within or out of this state, shall be a violation of this Code of Ethics.
- 6. The drinking of any alcoholic beverage to the extent that the person becomes obnoxious or dangerous to others shall cause said person to be asked to leave the range or archery activity. Failure to do so will constitute a violation of the Code of Ethics.
- 7. A PRAL member shall conduct himself at all times in a manner that will bring respect and honor upon himself/herself, archery, and the PRAL.
- 8. All PRAL members are required to report any and all violations of the Code of Ethics to the proper authority.
- 9. A violation of any section of this Code of Ethics by a PRAL member can result in a hearing and possible expulsion from the PRAL.

ARTICLE XII -- MEETINGS

- 1. The General Membership informative meeting of the PRAL shall be called to order by the President at the State Field Championship.
- 2. The order of business at the General Membership Meeting shall be:
 - a. Read the minutes of the previous General Membership Meeting
 - b. Give dates of the next year's tournaments.
 - c. If applicable, present Honorary Memberships, Hall of Fame Awards, and Special Awards.
 - d. Additional business presented by the Board of Directors.

ARTICLE XIII -- COMMITTEES.

- 1. The President may appoint a committee for any needed purpose not part of the duties of the Board of Directors.
- 2. Members of the PRAL may serve on more than one committee.
- 3. The President shall appoint a committee to audit the PRAL books prior to the last board meeting of the fiscal year.
- 4. NFAA Technical Committee
 - a. The President shall appoint a committee of three to serve as a NFAA Technical Committee.
 - b. This committee shall rule on all rules governing NFAA shooting in the state.
 - c. Shall work with, and give guidance to, any PRAL chartered club/shop hosting sectional or national championships within the state.
 - d. Shall be responsible for PRAL range inspections when needed. He/she may request any NFAA/NFAA member he feels is qualified, to inspect a range for a renewal.

- 5. Rules Interpretation Committee (RIC):
 - a. The President shall appoint a committee of three to serve as a Rules Interpretation Committee. The committee will include the PRAL President and either the Tournament Chairman or another individual appointed by the President.
 - b. This committee shall interpret all rules questioned by the general membership. Decisions of the committee shall be binding on the state until ruled otherwise by the National RIC.
 - c. Decisions of the committee shall rely heavily on the advice of the PRAL Director in matters relating to PRAL rules and the NFAA Representative for NFAA rules.

ARTICLE XIV -- CHAMPIONSHIP PRAL TOURNAMENT BIDS

- 1. Interested clubs shall make bids for the PRAL Championship Tournaments. They should have a firm commitment from the city (city commission, mayor, recreation department, etc.) to furnish needed facilities as far as possible. Bids should be submitted to the Regional Vice President with supporting materials. All bids must be submitted in writing and presented to the board by a club member, the tournament chairperson if possible. The presentation should have a range layout (3-D), location, area motels, restaurants, food & drinks at range, shelters at range, practice area, camping, and the date of the last range inspection. Clubs should be sure that they meet all PRAL and PRAL requirements to host a state championship. The club will provide maps for directors if the tournament is not held at an established range site.
 - a. If the bid is accepted, the club must insure that the tournament chairperson (or designated representative) will attend the board meeting before the tournament and the board meeting held at the tournament location to answer any questions.
 - b. The host club will provide an area for a meeting with captains and coach prior to the start of the event.
 - c. The host club must provide map and tournament information to the PRAL Secretary in time to be published in the prior to the tournament.
 - d. Any shooting site must have ample parking for competitors and spectators near the shooting area.
 - e. It is recommended that bow racks and benches be provided at each target for International and Field Tournaments.
 - f. A host club shall have insurance prior to and current during the hosting of a PRAL Championship Tournament.

g. Any bid for a sectional or national championship tournament to be held in Puerto Rico by an PRAL/NFAA Club must be submitted through the PRAL Board of Directors.

2. Recommendation for qualification as Tournament Chairperson:

- a. The Chairperson should be experienced in tournament shooting and know the rules pertaining to the tournament.
- b. The Chairperson should be a non-participant in the tournament.
- c. The Chairperson should be present to oversee the preparation of the tournament site.
- d. The Chairperson must be present during the tournament to handle any problems that occur during the tournament.

3. Indoor Bid requirements:

- a. An indoor area that will allow room for 25 target butts is recommended. Room is needed for 100 competitors and their equipment, bow racks and spectators.
- b. Each shooter should be provided with a minimum of 24 inches area on the shooting line.
- c. The host club must provide timing lights or timer and a timekeeper/light operator during the tournament.
- d. The host club must ensure that there is ample light on the targets to satisfy all competitors. (See NFAA rules)
- e. Recommend shooting facilities be ready for competition for the following shooting times: Saturday 8 AM, 11 AM, 2 PM, 5 PM, and Sunday 8 AM and 11 AM.
- f. The host club must provide backing behind the shooting butts so missed arrows will not damage the facility.
- g. The club must provide bow racks and chairs for the participants.

4. International Bid requirements:

- a. A minimum of 20 target butts must be provided. For a split site 10 target butts are acceptable.
- b. Water must be provided on the range away from the meeting area every ten targets.

- c. The club must make provisions to have a noon meal available on Saturday at the range.
- d. The club must provide a practice area separate from the tournament butts.
- e. The range must be ready for inspection before the tournament weekend if an inspection is needed.

5. Field Bid requirements:

- a. A minimum of one 28-target ranges must be provided. For a split site, 14 target butts will be acceptable.
- b. Water must be provided on the range away from the meeting area a minimum of every seven targets.
- c. A practice area must be provided separate from the tournament butts.
- d. The range must be ready for inspection prior to the tournament weekend.

6. 3-D Bid requirements:

- a. The host club must provide a minimum of 15 3-D targets with 8, 10, and ASA 12 rings delineated at the start of each round.
- b. The club must have water on the range away from the meeting area a minimum of every 10 targets.
- c. The range must have a current PRAL 3-D range inspection before the tournament weekend. The targets do not need to be in place, but stakes showing the shooting line (direction) must be there.
- d. The club must ensure that all requirements in the PRAL 3-D rules have been met.

7. Target Bid requirements:

- a. The club must obtain a tournament site that allows the competitors to shoot from South to North with only a minimum deviation.
- b. The PRAL Director or his representative must approve the tournament site at least two months prior to the tournament.
- c. Hosting the PRAL Target Championship Tournament includes storage of PRAL Butts and Stands. The club hosting the following year's target championship will

pick up the butts and stands following the current year's target championship and store them as long as they are host of the following year's tournament.

ARTICLE XV -- CHAMPIONSHIP PRAL TOURNAMENTS

1. Championship Tournaments: There shall be (2) Championship Tournaments: (1) NFAA Indoor; (2) NFAA Outdoor. PRAL Board of Directors will set the dates for these tournaments at the PRAL Board Meeting at the Field Championship each year.

2. PRAL Responsibilities:

- a. The PRAL President will appoint a Tournament Director for each Championship.
- b. The tournament Director will organize and direct the State Championship using a tournament committee composed of the members of the affiliated PRAL host club. The club representatives will accomplish tasks as delineated by the Tournament Director.
- c. Tournament registration for the State Championships shall be a duty of the PRAL Secretary.
- d. PRAL awards shall be ordered and maintained by the PRAL Treasurer. The Secretary will also be responsible for ordering all tournament supplies to include target faces and score cards.

3. Host Club Responsibilities:

- a. The club setting up the International Championship may use the host club's existing field course. Additional courses may be set up. Courses will follow PRAL rules and regulations.
- b. The club setting up the Field Tournament will use the club's field course (2-14's). Additional ranges may be set up as required.
- 4. Awards shall be presented to champions, second, and third places in all competitions.

ARTICLE XVI -- TOURNAMENT ELIGIBILITY

- 1. The Club setting up the ranges for PRAL Championship Tournaments must be PRAL/NFAA affiliated.
- 2. Competition in the PRAL Championship Tournaments shall be open to all archers whose target fees are paid and who are PRAL/NFAA members.

- 3. Archers must have Puerto Rico membership as defined in ARTICLE IV of the PRAL Rulebook to shoot for State Championship awards.
- 4. Awards made at a tournament shall not be considered final until the tournament report is published. In the event an error is made in an award at the tournament, it is subject to recall.

ARTICLE XVII -- TOURNAMENT FEES AND ACCOUNTING

- 1. All state tournaments shall be pre-registered. Registration of PRAL members must be submitted a minimum of seven days before the tournament.
- 2. The PRAL Secretary/Treasurer may accept late tournament registration where the registration will not affect the management of the tournament. Such at the tournament registration of PRAL members shall have a \$10 late fee.
- 3. Entry fees for the Indoor and Outdoor Championship Tournament shall be \$20.00 for adults and \$15.00 for ages 14 and below.
- 4. The club setting up the range for the tournament shall receive \$5.00 for each archer shooting.

ARTICLE XVIII -- TOURNAMENT AWARD SYSTEM

- 1. Archers will be separated into styles traditionally. Examples of styles are separations by Men and Women; Master Senior, Senior, Adult, Young Adult, Youth, Cub, and Peewee; and Freestyle, Freestyle Limited, Freestyle Limited Recurve, Barebow, Barebow Recurve, Bowhunter, Bowhunter Freestyle Limited, Bowhunter Freestyle, Traditional, Modern Longbow (NFAA w/carbon arrows).
 - a. At the following shoots (WA 1440, 18m Indoor, Metric 900, 720, and Metric Field), styles of competition shall only be Recurve, Compound, Compound Fingers, Barebow Recurve, and Longbow.
 - b. Archers must complete the entire course of shooting to receive an award. Archers must shoot their scores during scheduled shooting times.
 - c. PRAL age classification for tournaments will conform to the national organization sanctioning the event. NFAA events will be the age of the archer as of the first day of the tournament. 18m Indoor, WA 1440, 720, U21, Meter Field will conform to WA age rules (i.e. age as of 31 December of Birth Year).
- 2. There will be a Champion award for each style. The Champion award will go to the individual, regardless of Class, who shoots the highest total score for that style.

- 3. The first three individuals in each style and division will receive award, regardless of numbers registered.
- 4. A Senior Classification of awards is available at all State Championship tournaments for archers who are 50 years of age or older. Archers who qualify by age may either register as a Senior (50+), a Silver Senior (60+), a Master Senior (70+), 80 Master Senior (80+) or in the regular adult classification. Seniors will shoot the full competition course at all PRAL Championships Tournaments.
 - a. PRAL Senior competition will conform to NFAA divisions in state championship competition. Senior, all divisions, ages 50+, Silver Senior, all divisions, ages 60+, Master Senior, all divisions ages 70+, 80 Master Senior, all divisions ages 80+.
- 5. A shooting category shall be available at all state tournaments for archers shooting Olympic recurve equipment. This will be solely an amateur archer category available cub through senior for male and female.
- 6. Bowhunter classifications will be made available in all NFAA approved divisions in PRAL Championship competition.
- 7. A flight system of awards will be used in PRAL Championship Competition identical to NFAA's flight system.
- 8. A Peewee classification is established for archers less than 8 years of age. Peewee shooting stakes shall be marked with green stakes. The division will be in three styles: Freestyle, Freestyle Limited, and Barebow. Fees are the same as Cub and trophies are the same size as Cub.
 - a. 900 Round distances are 20, 15, and 10 yards.

 Equivalent: 20 Yards = 18.28 Meters; 15 Yards = 13.71 Meters and 10 Yards = 9.14 Meters
 - b. 3-D maximum distance is 15 yards.
 - c. Indoor will be shot at 10 yards.
 - d. Field, Hunter, International, and Animal will be shot as follows:

ADULT YARDS	PEEWEE YARDS	FIELD INTNL	HUNTER	ANIMAL GROUP
20-35 Feet	5	20 cm	20 cm	4
15 Yards	5	35	35	4
20/19	5	35	35	4
25/23	5	35	35	4
30/28	5	35	35	3
35/32	10	50	35	3
40/36	10	50	50	3
45/40	10	50	50	3
45w/44	10	50	50	2
50/48	15	50	50	2
55/53	15	65	50	2
60/58	15	65	65	1
65/64	15	65	65	1
80/70	15	65	64	1

- 9. A Longbow division (using IFAA equipment rules) is added at PRAL/NFAA shoots including 3-D starting in calendar year 2003. NFAA added a Longbow division with carbon arrows, so we now have Modern (NFAA) and Primitive Longbow (IFAA) divisions.
- 10. PRAL Recognizes the NFAA Pro Division at FAA/NFAA State Championships. The Pro Division will have a pro purse equal to the shoot fee. Where no requirement exists for Pro Membership in another organization for individuals who shoot Pro in a different organization, PRAL will not require pro membership in PRAL/NFAA competition.

ARTICLE XIX -- STATE CHAMPIONSHIP REGULATIONS

1. Championship Tournaments

- a. Competitors at the Indoor Championship shall shoot two PRAL Indoor rounds. Depending on the number of registered archers, the event could be held in one or two days, with one or several shooting times available. The itinerary of the championship event will be communicated in advance by the Organizing Committee.
- b. An archer may shoot both rounds at one shooting time by shooting both "A" and "B" lines at the same target butt: Where this registration is taken, two other archers must be grouped on the same butt.

- i. At Indoor Championships all faces used will be uniform. The host club may elect to place faces on cardboard, in which case all archers must shoot the mounted faces. Where faces are not mounted on cardboard, all faces will be shot not mounted and not backed. The host club for the Indoor Championship will specify what will be done in their bid for the tournament.
- ii. Any of the three indoor faces may be selected at the Indoor Championship. Those using the regular one spot face will receive scores of 5, 4, 3, 2, and 1 as per normal scoring. Those opting to utilize the multiple spot faces (4 spot or 5 spot) will have scoring rings of 5 and 4. Arrows outside those rings will receive no score.
- iii. As per NFAA rules, all arrows in each end must be shot within the four minutes allowed.
- iv. PRAL Considers the spots on the Indoor Round as part of the official score in PRAL Competition.
- v. Cub and Peewee archers will shoot at 10 yards at FAA/NFAA Indoor Championships.
- c. The 18m Indoor Championship shall be composed of two WA rounds when possible. An archer may shoot both rounds at one shooting time by shooting both "A" and "B" lines at the same target butt: Where this registration is taken, two other archers must be grouped on the same butt.
- d. The International Championship shall be composed of three twenty target International Rounds: two on Saturday and one on Sunday.
- e. The Meter Field Championship shall be composed of two 24-target WA Field rounds, one 24 target round on Saturday and one 24 target round on Sunday. The tie break at WA Field is the total number of 6 rings shot.
- f. The Field Championship shall be composed of a twenty-eight target Field round followed by a fourteen target Animal round on Saturday, and a twenty-eight target Hunter round on Sunday. PRAL will use the bonus spots on the Animal targets at the PRAL Field Championship.
- g. The 3-D Championship shall be of two (2) 15 target rounds shot in a single day.
- h. The Target Championship shall be composed of a 900 round on Saturday and a Classic 600 round on Sunday. (Note: The Classic 600 round is 4 ends of 5 arrows at each distance shot at an NFAA 92 cm face shooting from the short distance to the long distance.) The Classic 600 round will be shot on full (10 ring) faces.

- i. A single WA (1440) round will be shot over two days at the PRAL WA Championship.
- j. A Safari Round. 28 Paper Animals and 32 3-D Animals with an Orange aiming dot. Two arrows per target, marked yardage.
- k. PRAL will use the whistle system at all "shooting line" type state archery events. (2 blasts: to the line. 1 blast: shoot. 3 blasts: go forward to retrieve and/or score arrows. 4 or more blasts: emergency stop.)
- 1. Where multiple indoor sites are used for an PRAL Indoor Championship, both "x" counts and inside-out "x" counts will be kept. The inside-out "x" count will be used to break ties in score. (normal "x"s are part of the score) An inside-out "x" is defined as an arrow inside the "x" ring that does not touch the "x" ring dividing line. On the score card, inside-out "x"s will be denoted by circling the "x" on the score card. Where two archers have the same total and "x" count and inside-out "x" count, they will be considered tied and duplicate awards will be presented.
- m. There will be no second registration allowed in the same division by an individual archer at an FAA event.
- 2. The Tournament Director and his committee shall appoint a Field Captain. The Tournament Director may be the Field Captain. The Field Captain shall be in complete charge of all shooting and may appoint such other field officials as he may deem necessary to assist him.
- 3. The Field Captain shall have the responsibility and authority to organize, supervise, and regulate all shooting, practice, and competition. He shall see that NFAA rules and regulations are followed.
- 4. The official rules of the NFAA shall govern all events. Entrants are to be classified in divisions according to NFAA rules and regulations. An archer's International, Field, Hunter, combination Field/Hunter, and 900 round scores shall be utilized as sole basis for class or flight. An archer may choose to shoot in a higher class than classified by notifying the person registering of his wishes. At the following tournament, he may continue this or be properly classified by PRAL rules (see Article XVI).
- 5. The Registration Chairman will group archers with their competition whenever possible at Championship Tournaments. Cub archers will be grouped with responsible adults. The top four "A"/"AA" Class archers in each division will be grouped together.
- 6. A participant who is not pre-classified for a PRAL tournament will shoot top of division competing against the top shooters.

- 7. There may be two practice targets before the start of each round. The official rules of the NFAA shall govern all NFAA events.
- 8. Computation of results shall be under NFAA rules. In the event of a tie score, the highest total "Xring" hits on the Field, Hunter, International, and 900 rounds will determine the winner. For the 900 Round, if "X" totals are tied as well, then total "10" scores, then total "9" scores, etc. At the Indoor Championship, spots will be counted and ties will be broken using high total spots. When a tie score (including spots) occurs, duplicate awards will be given. First, second, and third place awards will be given based on the three high score/spot totals, so that the third high score will receive third place even when duplicate awards have been given.
- 9. A score made in the tournament will be considered a PRAL record if it is the highest score for that event to date. A certificate will be available to archers who tie, break, or establish state records. The PRAL Secretary will provide certificates for qualifying scores when requested. They will be available for those desiring back certificates for current records on currently used faces. The certificate will include the date the record was set.
- 10. Protests: All protests must be turned in, in writing, to the Tournament Director or a Board Member within one hour of the end of the day's shooting. A \$10 protest fee will be charged. If the protest is upheld, the fee will be returned to the protester. If the protest is not upheld, PRAL will keep the fee.
- 11. A Separate registered PRAL State 18m Indoor WA I will be hosted each year by PRAL.
- 12. DRESS CODE: Shooters must wear shoes and shirts and pants (or shorts, skirt, or dress).
- 13. At the 18m, 720, WA 1440 and Meter
 - a. A Senior Division for Compound Fingers will be honored in Puerto Rico a senior competition and will include the new distances for older seniors (60+=60, 50, 40, 30 meters for women and 70, 60, 50, 30 meters for men) (70+=60, 50, 40, 30 meters for both women and men).
 - b. PRAL will add the Compound Fingers style to all age groupings of competition for these tournaments.

14. TARGET TOURNAMENT RULES:

- a. Standard unit:
 - i. Adults shoot 30 arrows each at 60, 50, and 40 yards. Young Adults shoot the same.

- ii. Youth shoot 30 arrows each at 50, 40, and 30 yards.
- iii. Cubs shoot 30 arrows each at 30, 20, and 10 yards.
- iv. Peewees shoot 30 arrows each at 20, 15, and 10 yards.

b. Targets:

- i. The target face may be of any suitable material that will not damage arrows and that will retain stability of size, shape, and color under adverse weather conditions.
- ii. The scoring area of the target face will be forty-eight inches in diameter. The target face is divided into five concentric color zones arranged from the center outward as follows: Gold (yellow), Red, Blue, Black, and White.
- iii. A scoring line, not more than one-tenth inch in width, shall be provided between scoring rings. This line shall be manufactured within the dimensions of the higher scoring area, and an arrow touching this line shall be scored as the higher scoring area.
- iv. Target face colors should be reasonably "dull" and "non-glaring" and conform as closely as possible to the following color code, as specified in the Munsell Color Charts. Colors are listed from the center out.

color hue value chroma notation

Gold 6.5Y 8.1 10.7 5.0Y-8.0-12.0 Red 8.5R 4.9 12.6 5.0R-4.0-14.0 Blue 5.0B 6.5 8.0 5.0B-7.0-6.0 Black 1.5RP 2.9 0.3 none-2.0-0.0 White 0.5GY 8.94 0.6 none-9.0-0.0

c. The Target Range:

- i. The target field shall be laid out so that shooting is from the South to North when possible. A maximum deviation of 45% is allowed for local tournaments if required by terrain available.
- ii. The targets shall be equally spaced five plus or minus one yards apart (4 to 6 yards), measured from the center of the gold to the center of the gold of the adjacent target.
- iii. The center of the gold on the target face shall be mounted 51 inches from the ground. The target face shall be inclined away from the shooting line at an angle from 12 to 18 degrees from the vertical.

- iv. Range distances shall be accurately measured from a point on the ground perpendicular to the center of the gold on the target face to the shooting point.
- v. Target lines and shooting lines, or range lines, shall be plainly ad accurately marked on the ground, and shall be not more than 6 inches in width. Target lines or shooting lines may be arranged to require the shooters to move forward from the longest range to lesser distances while the targets remain stationary, or to require the target to be brought forward from longer to lesser distances while the shooter uses a stationary line.
- vi. Individual target lanes shall be suitable and plainly marked either by centerlines, or by lines designating the side boundaries of each lane. Pegs, chalk lines, trenches, or mowed strips are suitable markings. Local tournaments may deviate from this rule.
- vii. There shall be a minimum of 20 yards clear space behind the targets, which may be reduced by a suitable bunker or backstop. Spectators, participants, or pedestrians shall not be allowed behind the target while shooting is in progress, or even beyond 20 yards if there is the slightest possibility of being struck by the wildest arrow.
- viii. There shall be a clear area of at least 20 yards on each side of the field as a safety lane.
- ix. Bow racks, tackle boxes, or other objects which protrude above the ground shall not be allowed within ten feet of the shooting line.
- x. At least every third target should have a small wind flag, of a size and color easily visible from the longest yard line, mounted at least two feet above the top of the target. Local tournaments may deviate from this rule. Target flags at Target/WA tournaments will be standard to the whole field of play. Individuals may not put up their personal flags on the range.
- xi. Staggered shooting lines, wherein one group of archers shoots from a position forward of another group, are considered unsafe. In an emergency, they may be used provided an unused lateral safety lane of at least 20 yards is maintained as a buffer.

d. The Target Butt ad Target Backstop:

i. The target backstop shall be of any suitable material that will not damage arrows or allow them to pass through or bounce out frequently.

- ii. The target backstop shall not be less than 50 inches in diameter.
- iii. Target backstops shall be securely anchored to the ground to prevent accidental toppling.
- iv. Target identification shall be by means of numerals, at least eight inches high, on soft cardboard or other suitable material so as to be easily visible at the longest shooting distance and should be mounted near the base of the target.

e. Shooting Positions:

- i. The shooting area is an area starting at the shooting line and extending 10 feet to the rear, and which runs parallel to and adjacent to the shooting lines.
- ii. An archer shall stand so that he has one foot on each side of the shooting line. He shall also stand 18 inches from the center of the target lane or 18 inches from the boundaries.
- iii. Any archer may retire from the shooting line to avoid proximity to tackle or a shooting practice that he considers unsafe and may resume shooting when safe conditions prevail.
- iv. Archers may not shoot at varying distances from different shooting lines, nor engage in unauthorized practice, unless separated laterally by the width of at least four target lanes.

f. Shooting Rules:

- i. An end consists of six arrows shot at one time. Two shooters will be on the line at a time. PRAL will use the AB/BA shooting line format.
- ii. A completed end is that condition when all six arrows have been shot. A Field Official shall signal the finish of each end. Unless this signal is immediately challenged, the end shall be considered complete, and the archer shall have no recourse to shooting additional arrows.
- iii. A perfect end is six arrows shot consecutively in the gold during one end.
- iv. Any kind of a bow may be used, providing it is shot by holding it in one hand and the string in the other, without mechanical assistance of support which in the opinion of the tournament officials would give undue advantage over other competitors.

- v. Any kind of arrows may be used provided that they do not, in the opinion of the tournament officials, damage the target unreasonably.
- vi. Any type of point of aim may be used which does not protrude more than six inches above the ground and does not interfere with shooting or scoring.
- vii. An archer may not interrupt his shooting turn to use a spotting aid.
- viii. Foot markers may be left on the shooting line during the round provided they are embedded in the turf and do not extend more than one-half inch above the ground.
- ix. Ground quivers may be placed on the shooting line while the archer is in the process of shooting but must be removed to the tackle area while others are shooting and during the scoring interval.
- x. Initial target assignments may be made according to any system designated by the tournament officials. There shall not be less than three nor more than five archers assigned to each target in use, and four is customary.
- xi. Archers shall be re-assigned targets after each round on the basis of their total score for rounds completed.
- xii. There shall be at least two uninterrupted practice ends, at the longest distance when starting a round and one practice end after a lengthy break.
- xiii. There shall be no practice permitted after a postponement or delay unless such postponement or delay exceeds thirty minutes. In such cases the amount of practice shall be according to the following schedule: thirty-to-sixty-minute delay, one practice end.
- xiv. A blast of the whistle shall be the signal to commence or cease shooting for each end. Two or more signal blasts will indicate an immediate interruption of all shooting.
- xv. If archer shoots less than six arrows in one end, he may shoot the remaining arrows, if the omission is discovered before the end is officially completed, otherwise they shall be scored as misses.
- xvi. If an archer shoots more than six arrows in one end, only the lowest six shall score.
- xvii. Archers may not make up lost rounds, ends, or arrows except as specified.

- xviii. If a target falls before an end is scored, that end shall be re-shot by all archers on that target.
- xix. Equipment failure: Shooters may take 45 minutes and shoot up to six practice arrows on assigned target at distance his or her group is shooting at. Ends or arrows missed may be made up at the end of the round.
- xx. Any archer should call to the attention of the Field Officials any rule infractions, no sportsmanlike or unseemly conduct, or any safety hazards. The Field Officials may take such steps as their judgement indicates to correct the situation, including warning, scoring penalties, and even expulsion from the tournament in severe cases.
- xxi. In all official shoots, ends shall be shot with half (or the closest possible number to half) of the archers assigned to each target shooting at a time. They shall then retire and the remaining archers assigned shall shoot their arrows.
- xxii. Tie scores shall be resolved in favor of the archer with the most "X" ring hits. If "X" totals are tied as well, then total "10" scores, then total "9" scores, etc.
- xxiii. Coaching an archer on the shooting line by means of inaudible and inconspicuous signs or symbols is permitted, providing that such coaching is not distracting to other contestants. If a contestant on the same target, or on an adjacent target, complains that such activity is personally distracting, such coaching must be terminated immediately. Audible coaching of archers on the shooting line is not permitted.

g. Scoring:

- i. Arrows in the standard target face shall be evaluated as follows: Gold-9, Red-7, Blue-5, Black-3, and White-1.
- ii. If an arrow in the target touches two colors or touches the black scoring line, the higher color shall count. Doubtful arrows must be determined for each end before the arrows or target face has been touched, otherwise the lower value must be taken.
- iii. An arrow that has passed through or bounced out shall be shot over.
- iv. An arrow embedded in another arrow on the scoring face shall score the same as the arrow in which it is embedded.

- v. Hits on the wrong target shall score as misses.
- vi. The archer chosen to pull the arrows from the target, normally the first in order of assignment, shall be the target captain and shall rule all questions on his target subject to appeal to the Field Officials.
- vii. The target captain shall call the value of each arrow, and it shall then be recorded independently by two contestants acting as scorers, normally the next two assigned to the target. Scorers should check results after each end to avoid errors.
- viii. Each archer is individually responsible for seeing that his arrows are called correctly and properly entered on the score cards, and that his score cards are turned in to the proper officials.
- ix. The range captain may direct a mandatory center-spot replacement at his discretion and direction in order to maintain scoring capability.
- h. 900 Round: The difference between the 810 Round and the 900 Round is the method of scoring. Item g, 1) above will change to read as follows: Arrows in the standard target face shall be evaluated as follows: Inner gold-10, outer gold-9, inner red-8, outer red-7, inner blue-6, outer blue-5, inner black-4, outer black-3, inner white-2, and outer white-1.
- i. 600 Round: The difference between the 900 round and the 600 round is the number of arrows shot. In the 600 Round, four ends of five arrows each are shot for a total of 20 arrows at each distance. Scoring shall be the same as the 900 round.
- j. Field Officials: The Field Officials shall be the Tournament Director, Field Captain, and assistants.
- 15. 3-D TOURNAMENT RULES: FAA will use the NFAA 3-D Rules. The course shall be 20 targets. Marked distances. Shoot two rounds Saturday and one round Sunday.
 - a. PRAL will use the offset 12, lower in the morning and upper in the afternoon, at FAA 3-D Championships.

ARTICLE XX -- PRAL SCHEDULE AND REGIONAL COMPETITION

- 1. All participants in registered invitational shoots will be members of the PRAL. Clubs may allow local club members to attend one local registered invitational tournament before requiring PRAL membership. Clubs not complying are subject to on-the-spot revocation of their range certification by any attending PRAL officer.
- 2. Clubs with shoots on the PRAL schedule must have a competitive round (28 Field, 28 Hunter, 28 Hunter/Field, 20 International, Indoor Round, PRAL Animal Round, Target Rounds, and 3-D Round) for one shoot each year. Competitive round shoots will have priority in PRAL Scheduling.
- 3. All Indoor shoots to be published on the Regional Sanctioned Schedule will be requested through the Regional Vice President. Scheduled shoots held indoors require official NFAA faces, and the range must be inspected and approved prior to the shoot.
- 4. Club shoots are shoots conducted on club ranges without conflicting with regional sanctioned shoots held in the club's area. Club members and non-club members may participate. Club shoots will not be advertised to other clubs and/or their members.
- 5. Regional Sanctioned Shoots:
 - a. Regional sanctioned shoots are any scheduled shoots in which PRAL/NFAA Constitution, By Laws and Rules cover the event.
 - b. All requested regional sanctioned shoots for the year's schedule will be submitted to the President prior to the year being scheduled. (1 January through 31 December)
 - c. The Board of Directors will make selection of dates and shoots as close as possible to dates and shoots requested by clubs.
 - d. No regional sanctioned shoot will be conducted without the approval of the regional vice president. Shoots conducted by clubs that do not follow PRAL/NFAA rules and are not leading up to a state championship could result in loss of charter and insurance if purchased through PRAL.
- 6. Any other shoot a chartered club desires to conduct will follow the guidelines of a regional sanctioned shoot and will be pre-approved by the regional vice president.
- 7. Clubs may no host other events on weekends when a state or higher-level event is being held in Puerto Rico.
- 8. Club renewal of charter will be sent through the PRAL Secretary.

ARTICLE XXI -- SANCTIONED COMPETITION RULES

- 1. Shoots will start at 9:30 AM unless otherwise posted on the PRAL Schedule.
- 2. Shooting fees at PRAL/NFAA sanctioned tournaments will be \$20.00 for adults and \$15.00 for ages 14 and below.
- 3. Clubs must provide awards for all styles, with classes optional.
- 4. At state level and below the unit system may be used. The unit rule is defined as follows: One award for one through three archers; two awards for four through six archers; three awards for seven or more archers in a class.
- 5. PRAL cards must be shown as you register or other proof of current PRAL membership.
- 6. Only PRAL/NFAA members may compete for awards.
- 7. Regional Championships will say "Regional Championship" on the award.
- 8. "F" will be placed on the schedule in the Release to indicate food for sale by the club at scheduled shoots.
- 9. No alcoholic beverages are allowed on the shooting ranges.
- 10. All scores shot must be shot on the scheduled day and at the scheduled site of the tournament.
- 11. All sanctioned tournaments will list the round to be shot on the schedule in the Release.
- 12. Host club officials will enforce equipment and shooting rules.
- 13. An announcement will be made at each shoot relative to the responsibility for recording scores on handicap cards.
- 14. Regional Championship awards may only be presented to archers in that region. Others will shoot as guests.

ARTICLE XXII – PUERTO RICO ARCHERY HALL OF FAME

- 1. An adult person (18 years or older) may be voted into the Puerto Rico Archery Hall of Fame for one or more of the following: Athletic/Shooting Ability Archery Administration Bow Hunting.
 - a. Athletic/Shooting Ability: Either holding the title of State Champion in four of the State Championships in one calendar year (including either the NFAA Field or the International Championship) or holding the title of State Champion in three of the State Championships

and one Sectional Championship (including either the PRLA Field or the International Championship). As State Champion, the person must have shot the following percentage of the possible points: Freestyle Men = 94%. Freestyle Women = 90%. Freestyle Limited Men = 92%. Freestyle Limited Women = 90%. Barebow Men = 80%. Barebow Women= 75%. Bowhunter Men = 80%. Bowhunter Women = 72%. Traditional Men = 60%. Traditional Women = 55%. Bowhunter Freestyle Limited Men = 90%. Bowhunter Freestyle Limited Women = 72%. Bowhunter Freestyle Men = 90%. Bowhunter Freestyle Women = 86%. Freestyle Limited Recuve archers will qualify with Limited Freestyle percentages. An archer who is not a state champion may be submitted as nominee if he/she has participated in the required tournaments in one calendar year and has shot the required scores in all the tournaments. An archer who shoots the required scores at a National tournament, one Sectional Tournament, and two State tournaments will also be qualified. An archer may be nominated if he/she holds the title of PRAL National Champion providing his/her scores qualify.

- b. Archery Administration: A person may qualify as a nominee to the Puerto Rico Archery Hall of Fame by being in a state level administrative position for at least a two year term and attending three of the four meetings held each year during that term. The person must have promoted archery at the local level and have held office in one of the clubs affiliated with PRAA during his/her archery affiliations. The nominee must have demonstrated excelled performance in promoting archery at all levels.
- c. Bow Hunting: A hunter must have a proven bow hunting skill validated by photographs, taxidermist figures, and/or sworn affidavits. The archer must have taken at least eight white tail deer and three hogs as well as other non-specific small game. He/she must have at least five years bow hunting experience. National or State fame, hunting adventures, record game and awards, and other archery activity shall be considered.
- 2. Nominations for induction into the Hall of Fame must be submitted to the area vice president prior to the first board meeting of the year. Vice presidents will turn over nominations to a committee comprised of the six elected PRAA officers plus the Secretary/Treasurer at the first board meeting of the year. Approval requires five ratings of over 60% from those officers.
- 3. The PRAA Secretary/Treasurer will verify the qualifications of any individual nominated for the Puerto Rico Archery Hall of Fame prior to sending the nomination to the committee members. The committee must vote on the nominee's merits as follows:
 - 1) Sportsmanship.
 - 2) Character on and off the field.
 - 3) Assistance given to fellow archers in rules and shooting techniques.
 - 4) Knowledge of state and national rules.
 - 5) Support of state shoots attends two to three per year.

- 6) Volunteers to help make state shoots successful served on local or state committees or submitted suggested items to improve the rules of the PRAA.
- 7) Supports club activities as an official/worker.
- 8) Followed all hunting game rules including ethics.
- 9) Promoted hunting sportsmanship and safety at local and/or state level.
- 10) Served in any type of hunting promotion at the local, state, and/or national level.
- 4. Each nominee will be voted on seven of the ten merits as selected by the Board of Directors based on the category the nominee is being submitted under. A standard printed form will be sent to the

ARTICLE XXIII -- SHOOTER OF THE YEAR AWARD

- 1. A Shooter of the Year Award is based on a points total achieved through scores shot at all PRAL State Championship Shoots. Two awards will be given: One for Male and one for Female. In each case, the scores of the highest 20 archer's individual scores will receive points in reverse order (i.e. the highest adult round score will receive 20 points and the individual in 20th place will receive 1 point.) Where two individuals have the same score, they will both receive the higher position points, and the next score will receive points for its position in the top 20 male or top 20 female scores. The most points at the end of the year is the Shooter of the Year.
- 2. The Shooter of the Year Award will be based on competition between 1 January and 31 December of each year.
- 3. All scores will be considered so long as they are the complete score required by the archer's age grouping. Crossbow scores will not be considered for points.
- 4. If an archer does not complete a tournament, that archer will not receive shooter of the year points.
- 5. In the event of a tie for Shooter of the Year, the tie will be broken by the highest score on (1) Field, (2) International, (3) Indoor, and (4) 900 Round Target in that order.
- 6. The PRAL Secretary will maintain Shooter of the Year points, and the current top 20 individuals will be published in each Release. In the event of a tie, duplicate awards will be given.
- 7. The award will be an PRAL (red, black, and white) shirt with red or white lettering. The right side of the shirt will have in three lines: "PRAL", "Year", and "Shooter of the Year". The left side of the shirt will have the shooter's name. The sleeve will have the sponsor's logo. The

individual will also receive a 6" x 8" plaque engraved "year", "Shooter of the Year", with an PRAL three target logo and the shooter's name.

ARTICLE XXIV -- PRAL AND NFAA SKILL AWARDS

- 1. The PRAL shall award a Big Game Pin to members taking one of the following animals by bow and arrow in compliance with state game laws: Deer, Bear, Turkey, Wild Hog, and Bobcat. A witness who either saw the animal killed or saw the animal after the kill must verify the kill. Application and purchasing of the award shall be made within 90 days of the kill.
- 2. PRAL 6-Gold Pins may be earned and purchased at all PRAL Target Championships and at registered 900 or 810 Round tournaments.
- 3. PRAL 4-20 Pins may be earned and purchased at all PRAL Field Championships and at registered Hunter/Field Round tournaments.
- 4. PRAL field and Hunter 4-20 Pins/Bars and International 15 Pins/Bars may be earned and purchased in accordance with PRAL rules.
- 5. All PRAL Clubs are automatically registered for PRAL awards upon payment of the annual affiliation fee through PRAL. PRAL will not register shoots for PRAL pins on the same date as a State Championship Tournament or a Puerto Rico hosted PRAL Sectional or National Tournament.
- 6. PRAL awards will be earned and verified in accordance with the PRAL Constitution/By-Laws.
- 7. PRAL awards may be acquired either through the Club Secretary or directly through the PRAL Secretary/Treasurer. Applications must include the witnessed scorecard.
- 8. PRAL will not register shoots for PRAL awards on the same date as a State Championship Tournament or a Puerto Rico hosted PRAL Sectional or National Tournament.
- 9. All PRAL clubs are automatically registered for PRAL 6-Gold Pins upon payment of the annual affiliation fee.
- 10. 6-Gold Pins with distance engraved may be earned at each distance. Score cards shall be dated and witnessed by two archers.
- 11. PRAL 6- Gold Pins may be acquired either through the Club Secretary or directly from the PRAL Secretary/Treasurer. Applications must include the witnessed scorecard.
- 12. All PRAL clubs are automatically registered for PRAL 4-20 Pins upon payment of the annual affiliation fee.

- 13. The PRAL 4-20 Pin may be earned on either an 18" (50 cm) or a 24" (65 cm) Field or Hunter face at adult distance. No bars are available. Score cards shall be dated and witnessed by two archers.
- 14. PRAL 4-20 Pins may be acquired either through the Club Secretary or directly from the PRAL Secretary/Treasurer. Applications must include the witnessed scorecard.

ARTICLE XXV-- ALTERATIONS AND AMENDMENTS

- 1. This PRAL Rulebook may be amended by a majority vote of the required quorum of the Board of Directors.
- 2. Any Rulebook items approved or disapproved by the Board will not be reconsidered for one year.

APPENDIX A. ALTERNATIVE METHODS FOR CONFLICT RESOLUTION

It is established that an alternative procedure may be used for the resolution of conflicts in sports matters. Submission to this procedure shall be voluntary and may be initiated by the Puerto Rico Department of Recreation and Sports (DRD, Spanish acronym), with the filing of a complaint, application, or petition, or at the request of the General Court of Justice, in accordance with the legal and regulatory rules governing alternative methods for the resolution of disputes. Provided that agreements made within an alternative method shall be in writing and shall be binding between the parties. If agreed, its content will not be disclosed.

The persons who are appointed as intervenors, mediators or arbitrators must have knowledge of sports matters, have no interest in the conflict, maintain impartiality and have the endorsement of the parties in conflict.

Our method of conflict resolution establishes the relationships and behaviors developed by the members of our sports or recreational entity that provide training, education or training to children and adolescents or older adults and populations with disabilities.

It is important to note that this is a complement and does not replace the application of specific norms or laws in force on children, adolescents and gender, framed in the legislation in force on these issues, especially Law No. 28-2019, known as the "Bill of Rights of Children and Young Athletes" and Administrative Order No. 2019-004, or any special law protecting the welfare of children, the elderly, students and the people with disabilities and any applicable provision of the Penal Code or Civil Code of Puerto Rico.

The institutional committee of the Puerto Rico Archery League, Corp. designated by the President, with the consent of the Board of Directors, will be responsible for dealing with any situation of conflict or complaint, based on disagreement with how the organization is operating or any situation of harassment or mistreatment, whether internal or external.

The procedure to be used is as follows:

The person receiving the complaint or grievance will contact the person in charge at the organization and take the next step:

- a) Interview with the affected party.
- b) Interview with observers (if applicable)
- c) Interview with the perpetrator or perpetrators
- d) Interview with the parents or guardians of the person abused (if applicable) and inform the family or guardians of the accused person (if applicable).

After the interview process, the person in charge of the committee or after the hearing will have ten (10) days to notify the affected party of the decision or strategy to be used in relation to the matter.

APPENDIX B. CHILD ABUSE AND SEXUAL HARASSMENT PROTOCOLS

This will be applicable in the event of the detection of situations of violence in any of the forms included in the definitions of the Puerto Rico Department of Recreation and Sports (DRD) included on the Guide for Prevention and Intervention in Situations of Violence and Harassment in Context for Sports Clubs and Entities.

Any person who has suspicions or evidence that an athlete or other sports agent is subject to physical, psychological, or social abuse, is obliged to notify the case to those responsible for the sports entity (who will inform the family), or to the competent authorities. This person who knows or receives information about harassment or abuse is directed to the person designated in the disciplining committee or the name of the organization in order to activate the protocol. They will have to observe the following principles.

- a) Provide legal, social, etc. advice to people who make complaints or queries.
- b) Protect the confidentiality of people, cases and situations.
- c) Avoid not re-victimizing the people involved.
- d) Coordinate inquiries and complaints according to the agencies established by law that safeguard the safety of the injured or victims.

This committee is working with Prevention, Intervention and Enforcement within the organization. As prevention strategies, we will have policies associated with codes of good practice, education and training, support mechanisms, reporting, control and evaluation systems. Our codes of good practice are aimed at behaving respectfully and providing safe places for all. In terms of our intervention strategies will be as follows:

Suggested Intervention Measures

With the victim:

- Program to strengthen their self-esteem
- Individualized attention in training and matches
- Work dynamics in the team
- Implement peer support programs
- Meetings with the family to guide their actions and present possible external support

With aggressor(s):

- Dialogue with aggressor(s) to make them aware of their negative attitude
- Work dynamics in the team
- Meetings with the family to guide their actions and present possible external support
- Behavior Modification Strategies
- Implementation of communication and social skills programs.

Procedure in Case Management

To. Aspects to consider (Chain of responsibility for entity officials)

- 1. Identification and communication of the situation: Any member of the organization who has knowledge or suspicion of a situation of harassment or violence has the obligation to report it to the person responsible for the entity.
- 2. Activation of the Protocol: it is activated when a situation of harassment or violence is suspected or detected.

- a. Detection of the situation of harassment and/or violence: The internal complaint process is initiated. Anyone who understands that harassment or violence is being committed can file a complaint.
- b. Guarantee Protection: Take the necessary protection measures, the main objective is that harassment and/or violence ceases and does not resurface.

Possible strategies to ensure protection in organizational terms:

- Change in team organization.
- Change of equipment
- Reorganization of schedules
- Increased surveillance in fields, entrances and changing rooms and dressing rooms
- Agreements between coaches and sports management on performance on the pitch and dressing room and dressing rooms
- c. Intervene effectively, quickly and not hastily: Acting smoothly without stopping. When any authority or person in charge is unable to respond, they must send a representation and always verify the protection and respect of rights.
- d. Discretion and confidentiality: Throughout the process, the appointed members shall be aware of the facts and proceedings, and shall proceed with discretion and confidentiality.
- e. Communication with families: The person in charge, by telephone or by any means possible, will establish communication with the parents or guardians, if those affected are under 18 years of age.

Any such complaint will be consulted with the relevant authorities and will be brought before the police in the appropriate cases.

APPENDIX C. CODE OF DISCIPLINE

This Code of Discipline complements the Code of Ethics, expanding it to athletes, coaches and even parents who participate in the events.

Athletes

- 1. Comply with established game and practice schedules.
- 2. Be punctual.
- 3. Do not use your phone while practicing or competing.
- 4. Wear appropriate clothing as established by the organization.
- 5. Must observe respectful behavior towards peers, coaches, parents, officials, etc.

Coaches

- 1. Comply with the schedules established by the organization.
- 2. Be punctual.
- 3. Do not use your phone while offering your practice or game.
- 4. Wear appropriate clothing as established by the organization.
- 5. Ability to communicate- pass on the right information.
- 6. Ability to motivate- Be a psychologist and know the emotional parts of your athletes. For this, you must know motivational techniques.
- 7. Ability to discipline. It must achieve standards of conduct and training, based on the logical understanding of its usefulness by athletes.
- 8. Master the aspects and skills of the archery.
- 9. You must recognize that training is based on a pedagogical basis.
- 10. Must develop objectives and work plans.
- 11. You must evaluate the physical and sports skills of your athletes.
- 12. You must keep your license up to date by studying or doing continuing education hours not only in the sport you teach but in areas of athlete development.
- 13. You must not use chats with minors.
- 14. You must observe respectful behavior or use foul language against your players, officials, parents, administrators, etc.
- 15. Do not use your personal vehicle to transport other players.

Parents

- 1. Comply with the schedules established by the organization.
- 2. Be punctual with practices and games.
- 3. Motivate your child that sport is part of a healthy lifestyle.
- 4. Understand and value the benefits of sport and what your child wants to achieve through it.
- 5. Know if your child wants to be in that sport.
- 6. Don't force your child to be in a sport, even if they have the qualities.
- 7. Make sure your trainer is qualified and has their license up to date.
- 8. Help your child set realistic goals so that the athlete will like them.

- 9. Help your child understand the responsibilities they have to their coach, teammates, community and above all their academic responsibility.
- 10. Establish appropriate behaviors in sports scenarios. Observe respectful behavior or use foul language against players, coaches, officials or any member in the sports arena.
- 11. Leave the coach in the hands of your child during practice or competition. Don't direct it from the stands.
- 12. Maintain good communication with the coach to know what is happening to the athlete.

APPENDIX D. ADDITIONAL REQUIREMENT FOR COACHES IN PUERTO RICO

In addition to any NFFA requirement, the Coaches must have an active license from the Department of Recreation & Sports. To keep your state license active, must:

- 1. Take at least 2 contact hours per year on topics related to Sports Psychology, as established by Law 278-2018, better known as the Sports Psychology Law.
- 2. Sports coaches must faithfully comply with the provisions of Act No. 6-2011, as amended, better known as the "Act to Create the Regulations for Coaches attached to the Department of Recreation and Sports" as well as Regulation No. 7690, Regulations for the Licensing of Coaches and Sports Officials in Puerto Rico. In the case of physical fitness instructors, they must faithfully comply with the provisions of Act No. 8-2004, as amended, better known as the "Organic Law of the Department of Recreation and Sports," as well as Regulation No. 7611, Regulations for the Licensing of Instructors for Physical Fitness in Puerto Rico.
- 3. Have a training plan per semester for each team you train. This training must contain physical, technical, tactical, psychological and theoretical preparation, with their respective workloads by age and according to the period of the season. It should include the key dates of the tournaments that are preparatory and the official tournament to be played. This plan must be available and may be required and evaluated by the authorities, i.e. the DRD. at any time.
- 4. Ensure the implementation of development programs.
- 5. Ensure compliance with the "Every Child, Girl and Young Person Compete".
- 6. Promote physical and mental well-being.
- 7. Enable learning and promote fair competition.